

# MASSAGES

Book a personalized healing massage with one of our wonderful certified health practitioners. All our practitioners will wear a mask during the treatment.

## TWELVE SENSES SIGNATURE

Indulge yourself with an energy balancing massage, that will uplift your senses.  
\$180/ 60 minutes \$240/ 90 minutes

## SWEDISH

Relax and get energized with a wonderful massage reducing muscle tension.  
\$170/ 60 minutes \$230/ 90 minutes

## HOT STONE

Enjoy with a wonderful massage with hot rocks to recharge your body, mind and soul.  
\$190/ 60 minutes \$250/ 90 minutes

## WINGED CBD OIL

Pamper yourself with a CBD oil massage with the healing power of the hemp oil by Winged.  
\$180/ 60 minutes \$240/ 90 minutes

## WELEDA AROMA THERAPY

Balance your body, mind and soul with the essential oils by Weleda.  
\$175/ 60 minutes \$235/ 90 minutes

## PRENATAL

A wonderful customized treatment for the mother to be with our experienced therapist.  
\$190/ 60 minutes \$250/ 90 minutes

## DEEP TISSUE

Rebalance your body with an in depth massage that is tailored to your specific needs.  
\$190/ 60 minutes \$250/ 90 minutes





## BEAUTY

Enjoy a holistic beauty treatment that will make you feel beautiful inside and out. All our products are earth friendly and sourced to the best level of sustainability.

### ACU-MICROCURRENT FACIAL

This 50 minute treatment includes body Acupuncture, and Equiscope Micro-current to ground, balance, tone and lift. These treatments are used to increase circulation, drain lymph for puffiness and smooth signs of wrinkles.

Optional:

Acupuncture - added to stimulate the body's natural energies. The needles stimulate blood and circulation which improves facial color and eye brightness.

Guided tailored meditation- to enhance you own balance, healing and restoring  
Tuning fork sound therapy - to relax, balance and ground

\$275/ 50 minutes \$400/ 80 minutes

### SUNDAYS MANICURE

This nail treatment includes a lavender soak, cuticle file, nail buff, and moisturizing massage with Epicurian lotion. Finish off with our wonderful non-toxic nail polish by Sundays from NYC.

\$60 for hands / \$75 for feet / \$125 for combo

### TWELVE SENSES SIGNATURE

Enjoy a blissful hydrating tropical soak and exfoliating sugar scrub followed by a moisturizing massage.

\$65 for hands / \$80 for feet / \$135 for combo

### ADD ON NAIL SERVICES

\$35 hot stone / \$10 sugar scrub / \$10 callous treatment/ \$10 Sundays meditation

## *INNER WELLNESS*

Schedule a private session with one of our wonderful certified healers.

### **SOUND BATH**

Immerse yourself in a deeply relaxing and healing Sound bath session. Sound meditation balances our nervous system through energy and vibration.

(Up to 6 people)  
\$200/60 minutes \$300/ 90 minutes

### **REIKI**

Balance your seven chakras and enjoy a wonderful deep relaxation with a private Reiki session.

\$190/60 minutes \$270/ 90 minutes

### **INTEGRATIVE ENERGY THERAPY**

Experience deep inner healing that will continue on for weeks with our certified IET healer.

\$200/60 Minutes \$300/ 90 Minutes

### **PRIVATE YOGA**

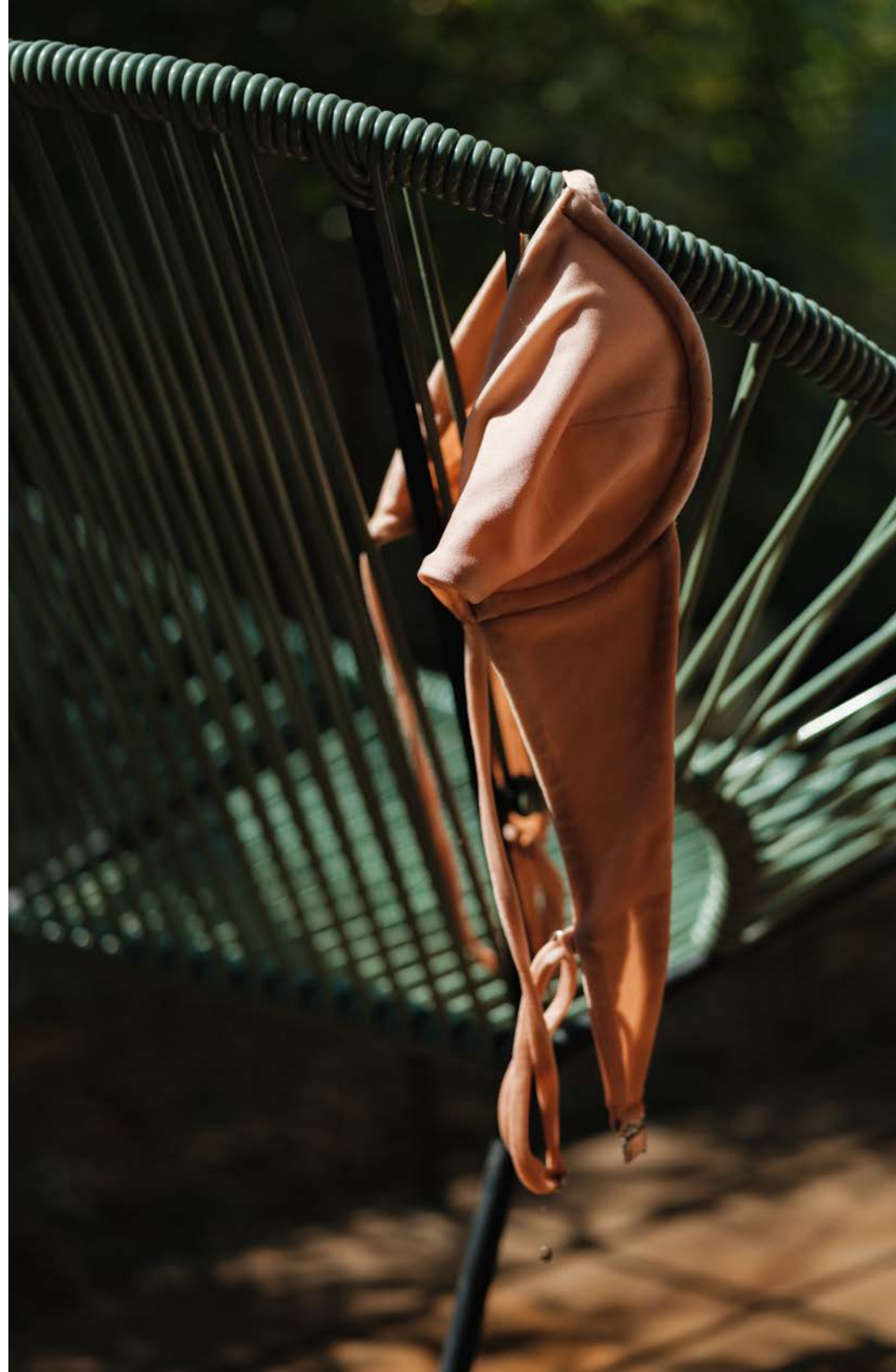
Book your private yoga class and choose either a Vinyasa Flow, A Restorative Flow or Kundalini Yoga.

(Up to 6 people)  
\$200/ 60 minutes \$300/ 90 minutes

### **MEDITATION**

Experience a wonderful guided meditation by one of our practitioners.

(Up to 8 people)  
\$200.00/60 Minutes





## *EXPERIENCES*

Schedule a private session with one of our wonderful locals. Rent one of our electric bikes, to explore town, the local beaches and great restaurants all in a very eco conscious way. Or enjoy sunset with a beautiful Alfresco picnic at the beach.

### **SURF LESSON**

Book a surf lesson on one of the nearby local beaches with Daniel, our certified surf instructor.

\$175/ 60 minutes for one/ \$70 extra for additional person

### **PADDLE BOARD LESSON**

Book a paddle board lesson on one of the nearby local beaches with Daniel, our certified surf instructor.

\$175/ 60 minutes for one/ \$70 extra for additional person

### **YOGA AT THE BEACH**

Enjoy a wonderful yoga at Moonlight Beach  
(Up to 8 people)

\$200/ 60 minutes \$300/ 90 minutes

### **E-BIKE RENTAL**

Enjoy our e-bikes to explore town and the local beaches.

\$25/ full day per bike

### **PHOTO SHOOT**

Create wonderful lasting memories with our photographer.

\$150/ 20 photos \$200/ 30 photos